There should be 10-15 minutes of warmups and drills before the game starts.
Games are played defensively with five infielders: pitcher (wearing a helmet), first baseman, second baseman, short stop and third baseman.

The remaining players on the defensive team will practice the basics of throwing, hitting, and fielding in the outfield with a coach. The next inning the players that practiced in the outfield will occupy the positions in the infield and vice versa. If a team has 11 or 12 players, an additional defensive player may be added in the infield at a location of the manager's discretion, so it makes it easier to have 2 groups switching from infield positions and outfield drills.

Coaches responsibilities:
When the team is on offense, there should be coaches in the following areas, if possible: dugout entrance, at the tee, next to first base in foul territory and next to third base in foul territory.
When the team is on defense, there should be coaches in the following areas, if possible: 2 in the infield and 1 or 2 in the outfield with the players doing drills
Responsibilities on offense:

- At dugout entrance - should be making sure the players know the lineup for the inning. This coach should be telling the player when it is their turn to go to the tee, and also have the next player ready with their helmet on and their bat ready. They are to make sure the players are behaving.
- At the tee - should be making placing the ball on the tee and making sure the batter is set up properly to hit the tee ball. The coach should replace the ball if the players hits the tee and knocks off the ball, and should also be offering suggestions to the player to better make contact.
- First base and third base coaches - should be telling the players what base to run to and what base to stop at
Responsibilities on defense:
- Infield coaches - should be making sure that players are in their proper defensive position and in a ready position for a batted ball. If there are 2 coaches available, one should be on the left side of the infield and one should be on the right side of the infield, either in between or behind the players.
- Outfield coaches - should be working on the fundamentals of tee ball through fielding, throwing, hitting or running drills.
Manager's responsibilities:
- Create the offensive lineup
- Suggestion: create lineup by their jersey numbers. You may start with \#1 and go up, start in the middle, start from the last number and go backwards or start at any number and decide the direction. Make sure different players are batting last so they may run around all the bases, as the last batter.
- Create the 2 groups to be assigned to infield positions and to the outfield drills
- Create the infield defense and rotate the players to different positions each inning

Batting guidelines:
A batter must be wearing a helmet.
The team on offense will bat through their entire line up before switching sides.
When it is the player's turn for their at bat, they will approach the tee. There will be a coach at the tee helping the batter get set up and swing. A player will take as many swings as it takes to make contact with the ball. If
the player misses the ball, or hits the tee without hitting the ball, the coach will make sure to place the ball back on the tee for the player's next swing and offer any suggestions.
When the player makes contact, they are to run to first base only, and not run to second or third, no matter where the ball goes, with the exception of the last batter of the inning.
The player to bat last in the inning is to run around all the bases, along with all runners on base.
Prior to the last batter of the inning, a coach of the offensive team should announce "last batter" so all the players on the bases know they should run all the way around.

Defensive guidelines:
The player assigned the pitcher's position must be wearing a helmet.
When the batter hits the ball, it is best if the coach can call out the name of the player that should field the ball, to eliminate multiple players running to the ball and fighting for it. The player should throw it to the first baseman every time. After the first baseman has completed the play, they may throw or roll it in to the coach that is at the tee.

Scores will not be kept. Outs will not be recorded. Even if an out is made, the offensive player is to stay on the base that they were trying to get to. Games will last approximately 3-4 innings to be completed in 60-80 minutes, but at the discretion of the two managers.

